

we lived in Chicago for a while and had friends who were Italian," she said.

From them, she acquired this Veal Scallopini recipe.

"The secret is to have the veal as thin as possible," she explained.

VEAL SCALLOPINI

2 lb. veal steak, sliced paper thin

Salt and pepper

Flour

2 tbsp. butter

6 tbsp. olive oil

2 cloves garlic, minced

1 small onion, minced

1 c. broth (half tomato juice)

2 tsp. chopped fresh rosemary

or 1 tsp. dried

2 tbsp. chopped parsley

1 can mushrooms

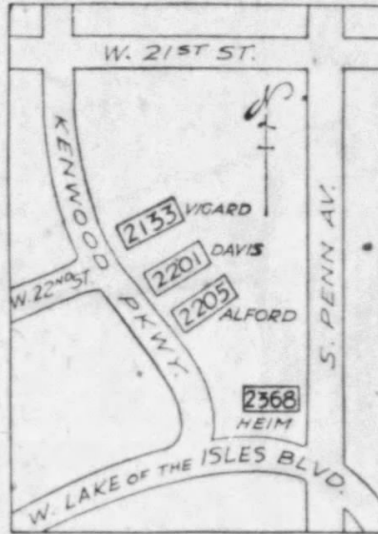
Season meat. Roll lightly in flour. Heat butter and olive oil in skillet and brown meat slowly on both sides.

Remove meat. To fat, add garlic and onion. Cook slowly 10 minutes. Add broth mixed with tomato juice and cook 10 minutes more. Add rosemary and half the parsley. Return meat to skillet, spoon liquid over meat, cover and simmer one hour, turning frequently.

Add more broth as the sauce cooks down, just enough to cover meat nicely. Add mushrooms, including juice. When ready to serve, garnish with parsley.

Living in a pink stucco Italian villa is Mrs. Elizabeth Heim, 2368 W. Lake of the Isles Blvd., and her companion for 33 years, Elma Meincke.

Mrs. Heim enjoys the architecture of her home as it is reminiscent of places she has visited in Europe. She said she has lived in the house 21 years, and pointed out that the dark red carpet-



ing in the living room had been on the floor 47 years.

"You feel as if you are in another world," she said.

The many antiques, including three Biedermeier chairs, also give an old world feeling.

"The Beidermeier furniture was built in 1821 and I have all the names of the owners," said Mrs. Heim.

SHE SPENDS her extra hours in community activities

— **Salva-**
tion Army
Women's aux-
iliary board,
Republican club, Uni-
versity of
Wisconsin
alumnae
group, Ameri-
can Associa-
tion of Uni-
versity Women and Woman's club.

Her first love is the Salvation Army, and she just finished making 10-inch pink felt Christmas trees for its bazaar. The trees are padded and have a white-felt center and are trimmed with sequins and beads.

Tiny trimmed packages are

under the tree.

The week before Christmas will find Mrs. Heim working at the toy shop, which is a place where underprivileged mothers can pick out gifts for their children.

"Last year I worked until 5:30 Christmas eve," said Mrs. Heim.

Also interested in antiques is Mrs. Harold Alford, 2205 Kenwood Pkwy. She has five pieces of her grandmother's parlor set in the living room.

The Alfords also are involved in many activities outside their home.

She was a girl scout leader for four years for daughter Sally, 13. And once a week the family journeys to a riding stable, if Sally has practiced her violin lessons.

Both Mr. and Mrs. Alford sing in the choir at Lake of the Isles Lutheran church, and she belongs to a circle there. She also is a member of University of Minnesota Faculty Women's club.

Friday nights you'll find them with son, Fred, 17, at the Teen-Y Toppers meeting at the YWCA. The Alfords were one of the four couples on a committee to start the group.

Mrs. Alford is treasurer of the group, which is partly subsidized by Minneapolis Association for Retarded Children (MARC). Alford is on the board of directors for MARC.

The Alfords find family



Mrs. Alford



Mrs. Heim